



**Sunka Wakan Ah Ku Program
Dakota Ride for Wellness
Agenda**



Saturday, September 17, 2011

8:00 am Registration - Lisa Burdick & Sheila Blueshield

9:00 am Gathering at the Crow Hill Recreation Center

Welcome by Chairman Yankton

Words of Support by Tribal Social Services

Prayer for the Spirit Lake Youth

Smudging of Riders and Horses

10:00 am Riders leave

Staff Carrier-Tyrel Alberts

Head leader- Neil Whitmer

Riders

Safety Riders- Sonny White, Austin Littlewind

12:30 pm Lunch break /Rolling Hills provided by the Spirit Lake Ministry Center

1:30 pm Riders leave for Woodlake/Spirit lake Ministry Center

5:00 pm Arrive at the Spirit Lake Ministry Center

Put horses away, water, and feed

Supper

8:00 pm Tyrel Alberts - Speaking on the Traditional use of Tobacco

9:00 pm Inipi Tyrel Alberts open to all who want to come and pray



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Sunday, September 18, 2011

8:00 am Breakfast

9:00am Smudging of Riders and Horses
Prayer for our Spirit Lake Youth

10:00 am Riders leave

Staff Carrier-Tyrel Alberts

Head leader- Neil Whitener

Riders

Safety Riders- Sonny White, Austin Littlewind

12:00 pm Water/Juice break - St. Michael's Recreation/Tec center

1:00 pm Riders leave

5:00 pm Arrive at the Rodeo Grounds in Fort Totten

Speakers TBA — We invite all Elders, Spiritual Leaders or anyone else to come and speak about what they feel is important to the lives of our young people

Supper for all