



SPIRIT LAKE TRIBE

P.O. BOX 359 • FORT TOTTEN, ND 58335 • PHONE 701-766-4221 • FAX 701-766-4126

EXECUTIVE MEMORANDUM

OFFICE OF SPIRIT LAKE TRIBAL CHAIRMAN

DATE: April 21, 2021

TO: ALL SPIRIT LAKE TRIBAL BUSINESS ENTITIES, EDUCATIONAL DEPARTMENTS, HOUSING, SIOUX MANUFACTURING CORP, SPIRIT LAKE CASINO, TRIBAL PROGRAMS, AND THE GENERAL PUBLIC

FROM: DOUGLAS YANKTON SR. SPIRIT LAKE TRIBAL CHAIRPERSON

SUBJECT: COVID-19

This memorandum is in regards to the continued safety of the Spirit Lake Tribal Community. As we are in the midst of a seasonal weather change, The Spirit Lake Tribal Council requests that we continue to remain vigilant as a community to contain and limit exposure of the COVID-19 virus as we learn more information about variants and increased cases. Please take in consideration that allergies or a viral infection may mask Covid-19 symptoms. It is critical to get tested if you are having any signs or symptoms to prevent community spread. Please report any health changes to your healthcare provider to receive necessary treatment for your wellbeing. As a community, our mission is to protect our vulnerable population such as our elderly, immune compromised, and children with underdeveloped immune systems. Actions are being taken to slow the spread of this virus, however this is a community effort that **must be taken seriously!** We have all gained a tremendous amount of knowledge this past year, but there is more to learn. Education is an important aspect and a top priority to provide to our people. We will continue the practice of "physical" social distancing, mask wearing, and hand hygiene to slow the spread of the virus.

Please take all precautions and adhere to the following:

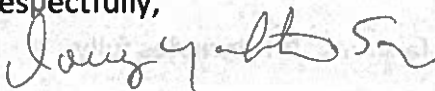
1. Masks shall be worn at all time in public places including tribal facilities. This includes fully vaccinated individuals
2. Only members of your household should be in your home, unless for a medical necessity, or a caregiver unless fully vaccinated.
3. **Public large gatherings such as graduation parties, birthday parties and other house gatherings are strongly discouraged indoors.** Graduation parties shall be held outdoors and ensure covid precautions are in place. Disposable plates and utensils should be taken into consideration for risk reduction of covid spread.
4. Non-essential visits from those who live off of the reservation are strongly discouraged as other communities are more open without mask mandates unless fully vaccinated.

5. Domestic travel is discouraged for individuals that are not vaccinated, there is a high risk of spreading Covid-19. CDC guidelines state that you do not need to quarantine upon return if fully vaccinated. Please wear a mask, maintain six feet distance, wash your hands with soap and water, and monitor for signs and symptoms.
6. Tribal Employees traveling out of state, please report to Layne Miller @ 701-766-4236 ext. 434. Fully vaccinated do not need to quarantine upon return. Monitor for signs and symptoms
7. People traveling onto the reservation are discouraged from entering the exterior boundaries of the reservation, IF you are sick coming from a known COVID-19 HOT SPOT unless seeking medical care or testing.
8. If you think you may **HAVE BEEN EXPOSED TO COVID-19**, please call the phone **NURSE @ 701-766-1676** for testing or the **Covid Emergency Response Team** if you are positive **@ 701-766-4236 ext. 434** for contact tracing and further assistance for your isolation period.
9. If you have been identified by public health as a **close contact** to someone who tested **positive for COVID-19** you need to **remain in quarantine and stay home** until released by a healthcare professional or the Covid Emergency Response Team.
10. Families, please follow the Spirit Lake curfew law.

REFERENCE INFORMATION & RECOMMENDATIONS

- Get plenty of rest, eat healthy and drink plenty of fluids such as water, etc.
- Stay home when you are sick, cover coughs and sneezes with tissue and toss
- Wear a facemask when out in public, stay 2 arm's length away from people.
- Wash hands well with soap for at least 20 seconds, avoid touching your eyes, nose and mouth
- Stay informed to educate yourself and your family members, keep current on updates including vaccinations to help protect our vulnerable population.
- Have a plan and budget for recommended household supplies
- Do not share drinks, cigarettes, vapes etc.
- Any additional information please call:
Spirit Lake Tribal Health M-F 8:00-4:30 701-766-4236

Respectfully,



Douglas Yankton Sr.
Tribal Chairperson, Spirit Lake Tribe

Duane Jackson Sr., Mission District/Vice Chair
Waynita Chaske, Crow Hill District Representative
Lisa Georgeson, Wood Lake District Representative
Kim Three Irons, Fort Totten District Representative
Lonna Street, Secretary/Treasurer