

FAMILY SIZE OF TEN

CEREAL	20 CHOICES
PASTA/GRAINS/CRACKERS/TORTILLAS: 3 MAC & CHEESE = 1 CHOICE (LIMITED TO 24)	50 CHOICES
FLOUR/WHOLE WHEAT FLOUR/ CORNMEAL/BLUE CORNMEAL/BAKERY MIX	20 CHOICES
UHT 1% MILK/EVAPORATED MILK/NFD DRY MILK EACH CAN/BOX OF MILK = 1 CHOICE 1 DRY MILK = 4 CHOICES	80 CHOICES
SOUP	30 CHOICES
BEANS	40 CHOICES
PEANUT BUTTER/PEANUTS /TRAIL MIX	10 CHOICES
FRUITS & VEGETABLES FRESH, FROZEN OR CANNED EACH CAN = 1 POUND 1 JUICE=5LBS MAX 100 POUNDS (20 BOTTLES)	TOTAL OF 400 POUNDS 200 POUNDS IN FRUIT AND JUICE 200 POUNDS IN VEGETABLES
FRESH EGGS POWDERED EGGS (2=1 CHOICE)	20 CHOICES
1 VEGETABLE OIL = 3 CHOICES 1 BUTTER = 3 CHOICES 1 BUTTERY SPREAD = 1 CHOICE 1 OLIVE OIL = 1 CHOICE	15 CHOICES
CHEESE	5 CHOICES
MEATS: 2 GROUND BISON = 1 CHOICE 2 BISON ROAST = 1 CHOICE 2 BISON PATTIES = 1 CHOICE 2 BISON FRANKS = 1 CHOICE 4 BISON RIBEYE = 1 CHOICE 4 BISON NY STRIP = 1 CHOICE 4 SIRLOIN TIPS = 1 CHOICE	BISON LIMITED TO 6 OF YOUR 60 TOTAL CHOICES
2 FROZEN GROUND BEEF = 1 CHOICE 1 WHOLE CHICKEN = 1 CHOICE 1 CHICKEN BREAST = 1 CHOICE 2 PORK CHOPS = 1 CHOICE 1 BEEF ROAST = 1 CHOICE 1 CANNED BEEF = 1 CHOICE 2 CANNED CHICKEN = 1 CHOICE 2 TUNA = 1 CHOICE	TOTAL OF 60 CHOICES

*BONUS ITEMS ARE AVAILABLE BASED ON YOUR FAMILY SIZE.