

FAMILY SIZE OF TWO

CEREAL (DRY/HOT)	4 CHOICES
PASTA/GRAINS/CRACKERS/TORTILLAS: 3 MAC & CHEESE = 1 CHOICE (LIMITED TO 6)	10 CHOICES
FLOUR/WHOLE WHEAT FLOUR/ CORNMEAL/BLUE CORNMEAL/BAKERY MIX	4 CHOICES
UHT 1% MILK/EVAPORATED MILK/NFD DRY MILK EACH CAN/BOX OF MILK = 1 CHOICE DRY MILK = 4 CHOICES	16 CHOICES
SOUP	6 CHOICES
BEANS	8 CHOICES
PEANUT BUTTER/PEANUTS/TRAIL MIX	2 CHOICES
FRUITS & VEGETABLES FRESH, FROZEN OR CANNED EACH CAN = 1 POUND 1 JUICE=5LBS MAX 20 POUNDS (4 BOTTLES)	TOTAL OF 80 POUNDS 40 POUNDS IN FRUIT AND JUICE 40 POUNDS IN VEGETABLES
FRESH EGGS POWDERED EGGS (2=1 CHOICE)	4 CHOICES
VEGETABLE OIL = 3 CHICOSES BUTTER = 3 CHOICES BUTTERY SPREAD = 1 CHOICES OLIVE OIL = 1 CHOICES	4 CHOICES
CHEESE	1 CHOICE
MEATS: 2 GROUND BISON = 1 CHOICE 2 BISON ROAST = 1 CHOICE 2 BISON PATTIES = 1 CHOICE 2 BISON FRANKS = 1 CHOICE 4 BISON RIBEYE = 1 CHOICE 4 BISON NY STIPS = 1 CHOICE 4 SIRLOIN TIPS = 1 CHOICE	BISON LIMITED TO 6 OF YOUR 12 TOTAL MEAT CHOICES
2 FROZEN GROUND BEEF = 1 CHOICE 1 WHOLE CHICKEN = 1 CHOICE 1 CHICKEN BREAST = 1 CHOICE 2 PORK CHOPS = 1 CHOICE 1 BEEF ROAST = 1 CHOICE 1 CANNED BEEF = 1 CHOICE 2 CANNED CHICKEN = 1 CHOICE 2 TUNA = 1 CHOICE	TOTAL OF 12 CHOICES

***BONUS ITEMS ARE AVAILABLE BASED ON YOUR FAMILY SIZE.**