

FAMILY SIZE OF FIVE

CEREAL (DRY/HOT)	10 CHOICES
PASTA/GRAINS/CRACKERS/TORTILLAS: 3 MAC & CHEESE = 1 POUND (LIMITED TO 15)	25 POUNDS
FLOUR/WHOLE WHEAT FLOUR/ CORNMEAL/BLUE CORNMEAL/BAKERY MIX	10 CHOICES
UHT 1% MILK/EVAPORATED MILK/NFD DRY MILK EACH CAN/BOX OF MILK = 1 CHOICE 1 DRY MILK = 4 CHOICES	40 CHOICES
SOUP	15 CHOICES
BEANS	20 CHOICES
PEANUT BUTTER/PEANUTS/TRAIL MIX	5 CHOICES
FRUITS & VEGETABLES FRESH, FROZEN OR CANNED EACH CAN = 1 POUND 1 JUICE=5LBS MAX 50 POUNDS (10 BOTTLES)	TOTAL OF 200 POUNDS 100 POUNDS IN FRUIT AND JUICE 100 POUNDS IN VEGETABLES
FRESH EGGS POWDERED EGGS (2=1 CHOICE)	10 CHOICES
1 VEGETABLE OIL = 3 CHOICES 1 BUTTER = 3 CHOICES 1 BUTTERY SPREAD = 1 UNIT 1 OLIVE OIL = 1 UNIT	9 CHOICES
CHEESE	3 CHOICES
MEATS: 2 GROUND BISON = 1 CHOICE 2 BISON ROAST = 1 CHOICE 2 BISON PATTIES = 1 CHOICE 2 BISON FRANKS = 1 CHOICE 4 BISON RIBEYE = 1 CHOICE 4 BISON NY STRIP = 1 CHOICE 4 SIRLOIN TIPS = 1 CHOICE	BISON LIMITED TO 6 OF YOUR 30 TOTAL CHOICES
2 FROZEN GROUND BEEF = 1 CHOICE 1 WHOLE CHICKEN = 1 CHOICE 1 CHICKEN BREAST = 1 CHOICE 2 PORK CHOPS = 1 CHOICE 1 BEEF ROAST = 1 CHOICE 1 CANNED BEEF = 1 CHOICE 2 CANNED CHICKEN = 1 CHOICE 2 TUNA = 1 CHOICE	TOTAL OF 30 CHOICES

*BONUS ITEMS ARE AVAILABLE BASED ON YOUR FAMILY SIZE.