

# FAMILY SIZE OF SEVEN

<b>CEREAL (DRY/HOT)</b>	<b>14 CHOICES</b>
<b>PASTA/GRAINS/CRACKERS/TORTILLAS:</b> 3 MAC & CHEESE = 1 POUND <b>(LIMITED TO 21)</b>	<b>35 POUNDS</b>
<b>FLOUR/WHOLE WHEAT FLOUR/ CORNMEAL/BLUE CORNMEAL/BAKERY MIX</b>	<b>14 CHOICES</b>
<b>UHT 1% MILK/EVAPORATED MILK/NFD DRY MILK</b> EACH CAN/BOX OF MILK = 1 UNIT DRY MILK = 4 UNITS	<b>56 UNITS</b>
<b>SOUP</b>	<b>21 CHOICES</b>
<b>BEANS</b>	<b>28 CHOICES</b>
<b>PEANUT BUTTER/PEANUTS/TRAIL MIX</b>	<b>7 CHOICES</b>
<b>FRUITS &amp; VEGETABLES</b> <b>FRESH, FROZEN OR CANNED</b> <b>EACH CAN = 1 POUND</b> <b>1 JUICE=5LBS MAX 70 POUNDS (14 BOTTLES)</b>	<b>TOTAL OF 280 POUNDS</b> 140 POUNDS IN FRUIT AND JUICE 140 POUNDS IN VEGETABLES
<b>FRESH EGGS</b> <b>POWDERED EGGS (2=1 CHOICE)</b>	<b>14 CHOICES</b>
<b>1 VEGETABLE OIL = 3 CHOICES</b> <b>1 BUTTER = 3 CHOICES</b> <b>1 BUTTERY SPREAD = 1 CHOICE</b> <b>1 OLIVE OIL = 1 CHOICE</b>	<b>12 CHOICES</b>
<b>CHEESE</b>	<b>4 CHOICES</b>
<b>MEATS:</b> <b>2 GROUND BISON = 1 CHOICE</b> <b>2 BISON ROAST = 1 CHOICE</b> <b>2 BISON PATTIES = 1 CHOICE</b> <b>2 BISON FRANKS = 1 CHOICE</b> <b>4 BISON RIBEYE = 1 CHOICE</b> <b>4 BISON NY STRIPS = 1 CHOICE</b> <b>4 SIRLOIN TIPS = 1 CHOICE</b>	<b>BISON LIMITED TO 6 OF YOUR 42 TOTAL CHOICES</b>
2 FROZEN GROUND BEEF = 1 CHOICE 1 WHOLE CHICKEN = 1 CHOICE 1 CHICKEN BREAST = 1 CHOICE 2 PORK CHOPS = 1 CHOICE 1 BEEF ROAST = 1 CHOICE 1 CANNED BEEF = 1 CHOICE 2 CANNED CHICKEN = 1 CHOICE 2 TUNA = 1 CHOICE	<b>TOTAL OF 42 CHOICES</b>

**\*BONUS ITEMS ARE AVAILABLE BASED ON YOUR FAMILY SIZE.**